

Sleepy diffuser blends

Slumber

5 DROPS PEACE AND CALMING
2 DROPS LEMON

like a baby

6 DROPS GENTLE BABY
4 DROPS BERGAMOT

Sleep tight

5 DROPS STRESS AWAY
5 DROPS FRANKINCENSE

under the stars

2 DROPS FRANKINCENSE
3 DROPS CEDARWOOD
4 DROPS NORTHERN LIGHTS
BLACK SPRUCE
5 DROPS BERGAMOT

recharge

6 DROPS RAVEN
6 DROPS LAVENDER

best rest

4 DROPS LAVENDER
4 DROPS -CEDARWOOD
2 DROPS ROMAN CHAMOMILE

dreamland

4 DROPS VETIVER
3 DROPS WHITE ANGELICA
5 DROPS ORANGE

Snooze button

4 DROPS YLANG YLANG
2 DROPS GERANIUM
5 DROPS LAVENDER

Sleepy oils

VETIVER
CEDARWOOD
FRANKINCENSE
ROMAN CHAMOMILE
PEACE AND CALMING
GENTLE BABY
BERGAMOT
LAVENDER
ORANGE
STRESS AWAY
WHITE ANGELICA
SURRENDER
KIDSCENTS SLEEPYIZE

nesting well