



# Roller Blends

## Relaxation

5 DROPS VALOR  
5 DROPS STRESS AWAY

## Immune boost

5 DROPS THIEVES  
3 DROPS FRANKINCENSE

## Tantrum tamer

5 DROPS PEACE & CALMING  
2 DROPS FRANKINCENSE

## Glowing skin

4 DROPS FRANKINCENSE  
4 DROPS LAVENDER

## Happy tummy

4 DROPS DIGIZE  
2 DROPS PEPPERMINT

## Muscle relief

4 DROPS PANAWAY  
2 DROPS LAVENDER

\*COMBINE OILS IN A GLASS ROLLERBALL + TOP WITH A CARRIER OIL, APPLY TO DESIRED AREA.  
FOR THE GLOW STICK ROLLER, USE JOJOBA OIL AS CARRIER SINCE IT DOES NOT CLOG PORES.

heating well

