

organized,

WELL-NESTED HOME

1. clothes

START DATE: _____

END DATE GOAL: _____

- ☐ Take everything OUT of the drawers and closet
- ☐ Put back only what you will honestly wear
- ☐ Sort by color
- ☐ Fold clothes and put back in drawers sorted by color and standing clothes straight up
- ☐ Don't forget to go thru shoes, coats, scarves, hats etc.
- ☐ Get items out of your house you are donating or selling

TIP: Don't put a money value on any of your clothes. It was a lesson not a loss.

2. kitchen

START DATE: _____

END DATE GOAL: _____

- ☐ Remove everything one cupboard at a time and only put back what you honestly use
- ☐ Go thru all the cups, water bottles and mugs etc. Get rid of any "extra"
- ☐ Use containers and dividers whenever needed
- ☐ Put things back with most used items in most convenient spot
- ☐ Throw away old food and expired condiments in your fridge
- ☐ Clean the inside of your fridge
- ☐ Throw away any expired food in pantry
- ☐ Use jars or containers for regularly used foods and label them
- ☐ Donate or sell any small appliances you don't use
- ☐ Sort through your junk drawer only keep items that should be there
- ☐ Get items out of your house you are donating or selling

TIP: Keep in mind how often you run the dishwasher. Practically speaking you only need one to two kids cups per child. Same goes for mugs.

3. office

START DATE: _____

END DATE GOAL: _____

- ☐ Sort through your pile of papers and don't stop until the pile is gone
- ☐ File papers you honestly need to keep
- ☐ Recycle old papers, magazines etc that you are no longer are using

- ☐ Decide on a realistic amount of your child's art you want to keep and stick to it
- ☐ Take a photo of sentimental papers and have it printed in a photo book
- ☐ Get items out of your house you are donating or selling

TIP: Follow the "touch it once rule" You pick it up you decide where it goes right then.

4. bathroom

START DATE: _____

END DATE GOAL: _____

- ☐ Remove everything from all drawers and underneath the sink
- ☐ Throw away all make-up or toiletries that have not been used in 6 months (or expired)
- ☐ Wipe your drawers and cupboards down
- ☐ Apply contact paper or drawer liners
- ☐ Use containers and dividers whenever possible
- ☐ Put everything back with most used items in most convenient spot
- ☐ Get items out of your house you are donating or selling

TIP: Most everything in bathrooms should be inside a container. Keep in mind how often you wash towels and only keep what you need.

5. garage & basement

START DATE: _____

END DATE GOAL: _____

- ☐ Go through each box or bin. Donate if you have not used it in 6 months
- ☐ Hand pick sentimental items to keep (make sure to store it properly to protect from damage)
- ☐ Preferably put items in large rubbermaid containers with a label
- ☐ Donate home decor not being used or not used in the last 6 months
- ☐ Use your walls! Get things off the floor whenever possible
- ☐ Get items out of your house you are donating or selling

TIP: Don't hang onto things with the think you might want it or use it "some day"