CLEANING CHECKLIST FOR A

well-nested and clean home

daily tasks

- ☐ MAKE BEDS
- ☐ DISHES
- ☐ LOAD OF LAUNDRY
- ☐ VACUUM AND SWEEP
- ☐ WIPE DOWN KITCHEN SURFACES
- ☐ TAKE OUT TRASH
- ☐ 10 MINUTE CLEAN-UP BEFORE BED
- ☐ CLEAN-OUT BAGS/ PURSES AND GET READY FOR NEXT DAY

Tuesday

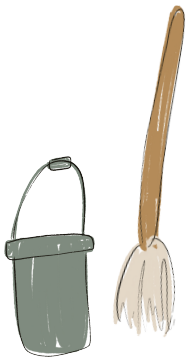
DAY ONE AND ONLY ONCE A WEEK

- ☐ WATER PLANTS
- ☐ DUST EVERYWHERE
- ☐ CLEAN MIRRORS/WINDOWS
- ☐ WASH SHEETS
- ☐ _____
- ☐ _____

Thursday

DAY TWO AND ONLY ONCE A WEEK

- ☐ CLEAN BATHROOMS
- ☐ MOP ALL FLOORS
- ☐ WIPE DOWN APPLIANCES AND CABINETS
- ☐ _____
- ☐ _____



once a month

- ☐ CLEAN UPHOLSTERY
- ☐ WIPE DOWN WALLS
- ☐ _____
- ☐ _____

nesting with grace

DESIGNED BY @APLETTERS