

Eco-Friendly Home Check List

SAVE MONEY AND THE PLANET!

- Opt out of junk mail
- Switch to non-toxic cleaning product
- Buy and use reusable water bottles
- Change your air filters
- Replace incandescent lightbulbs as they burn out with CFLS or LEDS
- Buy and use reusable silicone bags
- Vacuum the coils behind your fridge
- Go through your home- switch and ditch plastic wherever you can
- Switch to bar soap over plastic containers with body wash
- Change laundry detergent to non-toxic and plastic free
- Stop Using Toxic Dryer Sheets
- Put bags in your car for groceries
- Buy groceries and other office essentials online
- Try Meatless Monday
- Don't buy or buy less single-packaged items
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