



SCHOOL CHECKLIST

MORNINGS/BEFORE SCHOOL HAVE YOU

- Made your bed
- Eaten a Healthy Breakfast
- Brushed your teeth
- Checked your backpack (signed Papers and homework)
- Filled up your water bottle
- Hair
- Wellness and or Vitamins

AFTER SCHOOL AND BEFORE PLAY HAVE YOU

- Emptied Backpack
- Papers for Parents
- Hung Up coat and Backpack
- Short Term Homework (Due Next Day)
- Reviewed Long Term Homework (Next week or two)
- Reading
- Sport or Instrument Practice

BEFORE BED HAVE YOU

- Made your lunch
- Washed your Face
- Brushed your Hair
- Bedtime Spritural Ritual
- Laid out Clothes/ Picked Hair Do

