# Home School Schedule

wake up - eat, make bed, get dressed

### 9-10 Movement

walk, yoga, gonoodle.com, stretch, etc

# 10-11 Academic Time

reading, journal, flash cards, school packets, etc

### 11-12 Creative Time

art, play-doh, craft, legos, bake, music

## 12 Lunch

# 12:30-1 Chore Time

clean doors, dishes, vacuum, dust, etc.

### 1-2:30 Quiet Time

reading, puzzles, toys, nap

# 2:30- 4 Academic Time

ipad learning games, school learning apps

### 4-5 Fresh Air

bike ride, walk, park, play outside, etc

Dinner, Family Time, Early Bedtime