

Home for the holidays



diffuse it:

anthro winter

- 5 drops grapefruit
- 4 drops christmas spirit
- 4 drops northern lights black spruce
- 3 drops bergamot
- 2 drops lime

candy cane

- 5 drops peppermint
- 5 drops vanilla

fa la la la

- 6 drops lime
- 4 drops christmas spirit

apply it:

put a few drops of orange in your palms, rub together, run through ends of hair to smooth...and smell so good!

bright lights perfume roller

IN A 10 ML ROLLER ADD

- 10 drops vanilla
- 10 drops northern lights black spruce
- 10 drops lemon myrtle

TOP WITH A CARRIER OIL

gifting it:

christmas tree spray

IN A 2 OZ SPRAY BOTTLE

- 20 drops evergreen
- a pinch of salt
- top with water

SHAKE BEFORE USE

@nestingwell