

# Cheers!

ARE YOU DRINKING ENOUGH *water?*  
HERE ARE SOME FUN COMBOS TO MAKE SURE YOU  
DO WITH ADDED HEALTH *perks!*

## x tropical TWIST

1 small spoonful pineapple juice  
1 drop lime vitality  
8 oz of water

## x Stimulating SIP

2 slices of lemon  
1 fresh mint leaf  
1 drop peppermint vitality  
1 drop lemon vitality  
16 oz of water

## x Strawberry BASIL splash

2 strawberries (cut up and smashed)  
1 toothpick dip of basil vitality  
16 oz of water

## x h2o oasis

3 slices of oranges  
3 drops grapefruit vitality  
3 drops citrus fresh vitality  
32 oz of water

## x peachy PARADISE

2 peaches (pitted, skinned and pureed)  
1 fresh mint leaf  
6 drops tangerine vitality  
32 oz of water

## x unicorn JUICE

2 oz ningxia red  
1 teaspoon sulfurzyme powder  
2-3 drops lime vitality  
can of sparkling water or z yng

## x Z yng bomb

2 oz ningxia red  
1 can ningxia z yng  
1 tube ningxia nitro

## x NINGXIA SPRITZER

1 can sparkling water  
2 oz ningxia red  
2-3 drops grapefruit or lime vitality

## x ningxiamosa

1 can sparkling water or z yng  
2 oz orange juice  
2 oz of ningxia red

**Tip:** WANT TO KEEP IT SIMPLE? ADD A COUPLE SQUIRTS OF VITALITY DROPS TO YOUR WATER!  
OIL AND WATER DON'T MIX. USE SOMETHING TO HELP DISPERSE THE OIL, LIKE PUREED FRUIT, OR  
STIR WELL BEFORE DRINKING.

*nesting well*